

**QualityMetric Releases SF-12V2™ Health Survey Manual at
www.qualitymetric.com**

***World's Most Widely Used Health Measurement Tools Now Have Comparability and
Compatibility of Scoring***

Providence, R.I. – October 30, 2002 - "How can we possibly assume we are improving health care without considering the voice of the patient?" John E. Ware, Jr., PhD, chief executive officer of QualityMetric Incorporated, commented in a statement issued today upon publication of the SF-12v2 Health Survey User's Manual, the most comprehensive manual to date for users of short-form health surveys. "We need valid assessments of each patient's health from their perspective, understood on both individual and collective levels, to recommend improvements in the delivery of care," Dr. Ware continued.

The SF Health Surveys, trademarks of QualityMetric Incorporated and the Medical Outcomes Trust, are the most widely used outcomes assessments in the world, translated in up to 60 languages. Completed by patients, these general health surveys offer short, precise, statistically valid tools for health risk assessment and health outcomes monitoring. In their newest form, QualityMetric's general health surveys can be administered online using adaptive technologies that adjust the sequence and number of questions asked based on each person's unique responses about their health.

While the SF-36® and SF-12® health surveys, named for the number of questions contained in each, measure the same eight aspects of general health, the SF-12 has rapidly become the instrument of choice in large population health surveys that require maximum efficiency. A subset of items from the SF-36, the SF-12 offers the same comprehensiveness and range of measurement at one-third the length.

Version 2 of the SF-12 (SF-12v2) not only maintains the comprehensiveness of the SF-36 and SF-12v1, but offers additional features, including:

- A five-fold increase in the range of health levels
- Significantly improved profile and summary scores
- Norm-based scoring providing direct compatibility with previously collected SF-36, SF-12, and SF-8™ survey data

"The fact that data collected using other SF surveys or survey versions are now comparable to the SF-12v2 is of huge import to those of us in the health community who use such data to measure health status and monitor changes over time, providing a reliable mechanism to predict trends, support development and evaluation of treatments, and ultimately to improve care and outcomes and reduce costs," Dr. Ware concluded.

Health care professionals using any of the SF health survey tools will find value in the newly released SF-12v2 Health Survey User's Manual, which includes:

- Thorough documentation of the development of the SF-12 and improvements achieved with Version 2.0 (v2)
- Comparisons of SF-12, SF-36, and SF-8 survey forms and guidelines for their appropriate use
- Up-to-date population norms for all eight scales and two summary measures

- Dr. Ware's insights into standardization and comparability of health assessments

The approximately 250-page SF-12v2 Health Survey User's Manual may be ordered online at www.qualitymetric.com by clicking [here](#), or by calling QualityMetric at 1-800-572-9394, ext. 712. The SF-12v2 Health Survey User's Manual was co-authored by Dr. Ware and is a joint publication of QualityMetric Incorporated and the Health Assessment Lab.

About QualityMetric Incorporated

QualityMetric Incorporated has integrated the consumer's voice into health care decision-making with self-reported generic and disease-specific health outcomes surveys used worldwide to measure health status with scientific validity in clinical practice, disease management, population monitoring, clinical trials, and direct-to-consumer marketing. Founded in 1997 by John E. Ware, Jr., PhD, principal developer of the SF-36[®], SF-12[®], and SF-8[™] Health Surveys, QualityMetric's scientific expertise has dramatically evolved the value and precision of health-related quality of life measurement while our technology applications, including the world's first computerized dynamic health assessments (DYNHA[®]), have broadened the options for administration.

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